



Psychological &
Academic Solutions

Psychological – Academic – Neuropsychological – Health – Consultation

Trent Everett, PhD
Licensed Psychologist
LifeTrek Founder and President
EMDR Certified Provider
(Eye Movement Desensitization and Reprocessing)
Interactive Metronome Certified Provider

11104 W. Airport Blvd., Suite 135
Stafford, TX 77477
832.328.0008
LifeTrek@msn.com
www.lifetrek solutions.com

Psychological & Academic Services for Youth & Adults

Over 15 years of training and experience, the past eight of which have been spent in private practice in the Southwest Houston/Sugar Land/Stafford/Fort Bend area. In addition to a general psychological practice, areas of special interest include:

- Children, Teens, and Adults with Attention-Deficit/Hyperactivity Disorder
- Trauma Resolution
- Learning Differences/Academic Difficulty
- Oppositional, Difficult-to-Manage Adolescents and Teens
- Obsessive-Compulsive Disorder in Children and Adults
- Couples Therapy
- Young Adult Transitions from High School to College and College into Adulthood
- Use of Interactive Metronome and Other Non-Invasive, Non-Pharmaceutical interventions for ADHD, Impulse Control, and Other Neurologically Based Conditions, as well as for Performance Enhancement in Sports, Arts, Academics, and Personal and Professional Growth

Enjoys working with a broad age range of clients, beginning in late elementary school through adults. Services provided include:

- Individual, Couple, Family, and Group Therapy
- Psychological, Psycho-Educational (ADHD, Learning Differences) Assessment
- Consulting with parents and teachers regarding Behavior Management at home and in the classroom
- Experience and availability to speak at parent organizations, schools, churches, and at support group meetings for individuals and families dealing with special needs.

We welcome the opportunity to discuss how our services may support you, your clients, faculty, staff, students, or loved ones across the lifespan. We are available to you by telephone, email, or on-site visit.